



**4-D NETWORK**  
Healing Body, Mind, Heart, & Spirit

## APPLICATION FOR 4-D WHEEL CERTIFICATION

### REQUIREMENTS TO BECOME CERTIFIED AS A 4-D WHEEL PRACTITIONER OR EDUCATOR

There is no fee for becoming Certified as a 4-D wheel Practitioner/Educator, or for annual re-certification.

Certification is maintained through annual demonstration of ongoing collegial contribution to the 4-D Network. If you cannot contribute in the ways we suggest and still want to remain part of the 4-D Network, there will be an annual fee and fewer benefits.

Annual certification begins on date of signature (renewal notice will be sent 30 days before expiry)

#### 1. Professional Requirements\*

- State Licensure (or equivalent) to practice as health provider, educator, or other relevant profession and/or AASECT certification as sex therapist, counselor, educator, or supervisor
- Proof of professional liability insurance
- A current active professional practice
- Maintain a vital 4-D wheel presence on your professional website (details to be mutually determined; we will send you a page to add, and assist you in loading it to your website)

\*NOTE: We understand that not all qualified professionals can meet these requirements, and we will adjust requirements for 4-D wheel members from other countries, professional affiliations, etc.

#### 2. Training and supervision in the 4-D Wheel Approach

- Read *Expanding the Practice of Sex Therapy*—Write an Amazon review if you haven't already
- Read *Exploring Desire and Intimacy (workbook)*—Write an Amazon review if you haven't already
- Individual supervision with Kamara McAndrews, or Tina Nevin, or other 4-D Network core faculty member (number of hours to be mutually decided)
- Active participation in a minimum of:
  - one 4-D Retreat, and
  - one 4-D Training, and
  - one Train-the-Trainer week with Kamara McAndrews & Tina Nevin or intensive supervision with a 4-D Network core faculty member

(alternatively) some of these requirements can be fulfilled by on-line or long-distance supervision and participation in monthly conference calls.



## 4-D NETWORK

Healing Body, Mind, Heart, & Spirit

# APPLICATION FOR 4-D WHEEL CERTIFICATION

### 3. Demonstration of 4-D Expertise—e.g.:

- Create, promote, and conduct a 4-D Wheel Retreat, and/or
- Create, promote, and conduct a 4-D Wheel Training, and/or
- Create, promote, and conduct a 4-D Wheel protocol for a distinct population, and/or
- Create, promote, and conduct a 4-D Wheel online course, and/or
- Create a 4-D Wheel video presentation, and/or
- Create a 4-D Wheel publication

### 4. Ongoing Contribution to The 4-D Network via one or more of the following:

- Co-lead events with Kamara McAndrews, Tina Nevin, or other 4-D Network certified providers
- Create a 4-D Wheel event for self and/or others
- Offer 4-D wheel events at conferences and elsewhere
- Teach a 4-D Wheel class
- Train students in the 4-D Wheel approach
- Promote 4-D Wheel events for self and/or others—via social media, listservs, etc.
- Contribute to an on-line 4-D Wheel course
- Blog for the 4-D Network website
- Other

### 5. Contribution to the 4-D Network

- Maintain a vital 4-D wheel presence on your professional website (details to be mutually determined)
- Promote 4-D wheel events for self and/or others—via website, social media, listservs, etc.
- Blog for the 4-D Network website...etc.



**4-D NETWORK**  
Healing Body, Mind, Heart, & Spirit

## APPLICATION FOR 4-D WHEEL CERTIFICATION

### APPLICATION FOR 4-D WHEEL CERTIFICATION

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Name & degree \_\_\_\_\_

Preferred Name \_\_\_\_\_

Pronouns \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Website \_\_\_\_\_

### PLEASE ATTACH THE FOLLOWING ITEMS WITH YOUR APPLICATION:

1. a copy of your CV or resume
2. (If applicable) a copy of your license to practice
3. (If applicable) proof of your liability insurance
4. a recent photo (head shot) that is 1080×720 pixels or 6"x4" (iPhone camera is fine)
5. a detailed bio that conveys what you do and how you work
6. a video of you saying or showing how you use the 4-D approach (not more than 1-2 minutes; you can take this with your iPhone).
7. a signed copy of the Memorandum of Understanding (below)



**4-D NETWORK**  
Healing Body, Mind, Heart, & Spirit

## APPLICATION FOR 4-D WHEEL CERTIFICATION

**PLEASE ADDRESS THE QUESTIONS BELOW, ADDING ANYTHING YOU WANT**

**How do you use the 4-D Wheel in your practice?**

**How long have you used it?**

**With whom have you used it?**



**4-D NETWORK**  
Healing Body, Mind, Heart, & Spirit

## APPLICATION FOR 4-D WHEEL CERTIFICATION

### CONT...

**How is the 4-D Approach most effective in your practice (i.e., send us a testimonial we can use for outreach purposes?)**

**What do you hope to gain from 4-D Wheel certification?**

**What do you hope to contribute to the 4-D Network while you are certified (e.g., presentations, supervision, social media, blogs, videos, etc.)?**



**4-D NETWORK**  
Healing Body, Mind, Heart, & Spirit

## APPLICATION FOR 4-D WHEEL CERTIFICATION

### 4-D NETWORK MEMORANDUM OF UNDERSTANDING

In opting for 4-D Wheel Certification, I agree to the following:

- To hold the 4-D Network and any of its members harmless in the event of any legal issues that involve me or my work
- To maintain a professional website (if you need a website or upgrading, we can offer recommendations for assistance)
- To maintain a 4-D section on my website. We will provide a template for this and help you load it to your website
- To consider putting 4-DNetwork in my e-mail signature
- To list all my 4-D events on the 4-D Website
- To cite 4-DNetwork.com on any presentations, posters, blogs etc. from which I draw 4-D material
- To fully credit the 4-D Network when I use the 4-D approach in retreats, trainings, or courses—in person or online.
- To be aware of other 4-D events being offered so that I complement them rather than compete with them. For instance: I agree to schedule my 4-D events at least a month before or after other 4-D events that draw from a similar clientele in a particular geographical area; and I agree to schedule on-line events and courses with similar sensitivity.

Signed \_\_\_\_\_ Date \_\_\_\_\_

If you have questions about any aspect of your 4-D Certification, please contact Kamara McAndrews or Tina Nevin ASAP to discuss your situation. We intend 4-D Wheel Certification to be open to as many qualified professionals as possible, and at the same time to protect our certified members by maintaining quality control and assuring collaboration and cross-promotion rather than competition.